

**The types of issues that young people and families referred to Finding Solutions may need support and assistance with could include:**

- Adolescent behavioural issues including young person to parent violence
- Communication breakdown
- Adolescent/parent conflict
- Development of parenting skills
- School refusal
- Issues involving substance use concerns
- Excessive screen time

Involvement with the Finding Solutions program is voluntary. The parent or carer should be willing to work with Finding Solutions. Participation of the young person is not required.



## Contacting Finding Solutions

For further information about support in your community, providers and or community members can contact Child First on 1800 290 943

Referrals directly from Child Protection Intake contact:  
1300 664 977



**KEEP  
CALM  
AND  
PARENT  
ON**



118-124 Pine Avenue Mildura  
**Telephone** 03 5021 6500  
**Email** info@masp.org.au  
**www.masp.org.au**



FINDING SOLUTIONS PROGRAM

## OBJECTIVE AND AIMS

The objective of the Finding Solutions program is to provide a rapid response to families and young people in order to prevent family breakdown and entry to the Child Protection and out-of-home care systems.



### The Finding Solutions program aims to:

- Provide support to parents and young people that assists them to identify and resolve behaviours and /or issues that are placing their relationship at risk of breakdown, and which eases tension in the family without severing links or reducing parents' capacity to care for the young person.
- Provide a creative service response to families and young people which will include the use of mediation intervention, to reduce the need for out-of-home care and which supports and strengthens the family relationship
- Divert a significant proportion of young people at risk of entering out-of-home care to community-based services.

## CLIENT ELIGIBILITY AND TARGET GROUP

Eligible clients for Finding Solutions comprise young people of secondary school age and their families who are at risk of entering the Child Protection and out-of-home care systems. It should be noted that eligible clients for Finding Solutions are not Child Protection clients.

Family must reside in the Mildura LGA

### It is expected that all young people and their families who may be eligible for Finding Solutions service meet the following criteria:

- Young people are of secondary school age
- The family agrees to participate (young person does not need to participate). While young people and their families may exhibit a number of presenting issues requiring a range of interventions, a central requirement is the need to resolve immediate issues threatening the family relationship which are placing the young person at risk of requiring an out-of-home care placement.



### Finding Solutions is primarily a parenting program using strategies from a framework of Non-Violence Resistance (NVR).

NVR is not a behavioural approach. It focuses on the parents rather than the child and emphasises change through improving the relationship between parent and young person.

