

## **Finding Solutions**

Finding Solutions is a voluntary service that is best suited to families where there is some awareness of the problem and where parents are committed to making change.

## **Finding Solutions**

Finding Solutions is a short to medium term, early intervention program, aimed at coaching and supporting parents with children aged between twelve and seventeen years of age, who are at risk of entering the child protection system.

This is due to issues such as challenging behaviours, difficulties in maintaining safe boundaries and parent child conflict.

## When you have a session with us you will:

- Be able to ask questions and be given advice where possible.
- Have opportunities to see a coach on your own, with the whole family, and/or just with your young person
- Be given a chance to express your ideas, be listened to and taken seriously.
- Be treated with respect.
- Have opportunities to talk about some of your painful experiences (when and if you can).
- Be given the opportunity to part of a parenting program with other like-minded parents.

## **Contact & Further Information**

- The Finding Solutions Coach is a licensed practitioner of the 'Tuning into Teens, Engaging Adolescents, and 123 Magic & Emotion Coaching Programs'.
- Your sessions may be held in an office or at your home.
- Email: <u>findingsolutions@masp.org.au</u>
- Website: www.masp.org.au

