

# Finding Solutions

Finding Solutions delivers programs to prevent family breakdown and entry into the child protection and out-of-home care systems.

## Finding Solutions

Finding Solutions is a voluntary service that is best suited to families where there is some awareness of the problem and where parents are committed to making change.

### Outcomes:

- Divert a significant proportion of young people deemed at risk of entering out-of-home care into alternative community-based services.
- Support and strengthen family relationships in creative ways, including the use of groupwork, mediation and parent coaching.
- Help parents and young people identify and resolve the issues that place their relationship at risk of breakdown and ease tensions in the family without severing links or reducing parents' capacity to care for the young person.

## When parents have a session with us, they will:

- Be able to ask questions and be given advice where possible.
- Have opportunities to see a coach on your own, with the whole family and/or just with your young person
- Be given a chance to express your ideas, be listened to and taken seriously.
- Be treated with respect.
- Have opportunities to talk about some of your painful experiences (when and if you can).
- Be given the opportunity to part of a parenting program with other like-minded parents.

## Contact & Further Information

The Finding Solutions Coach is a licensed practitioner of the 'Tuning into Teens, Engaging Adolescents, and 123 Magic & Emotion Coaching Programs'.

Your sessions may be held in an office or at your home.

Email: [findingsolutions@masp.org.au](mailto:findingsolutions@masp.org.au)

Website: [www.masp.org.au](http://www.masp.org.au)