

Youth Mentoring Program

Tasmania Mentor Information 2024

Program Description

Since its inception in 2006, MASP's Youth Mentoring program has had an impact on the lives of over 240 young people and 270 mentors. It is a 6-month Youth Mentoring Program provides local youth experiencing difficulties the opportunity to reconnect with education, employment, family, community, and support to make positive life-changing decisions.

The program recruits adults from the local community to provide mentoring and support to the young people participating, with a strong focus on the linking of disadvantaged young people to positive adult role models. Training provided to the mentors ensure that the young people are receiving the maximum benefit possible from the program including -

- Social interaction through group physical training sessions,
- One-on-one sessions ensuring the achievement of extended social networks;
- Building of confidence, self-esteem and positive communication;
- Life skills and core values that will assist them in everyday life, their careers and relationships;
- Creating an environment that enables their full potential to be realised.

This year, the program highlight is the trip to Tasmania with a great opportunity to challenge ourselves by trekking the rugged peaks, woodland and striking sections of rain forest. It is here that emotions are brought to the forefront, participants discover themselves and gain an insight into their inner strengths.

The Youth Mentoring Program has had a positive influence on many of the young people who have participated in the program during the last 15 years, this has included but is not limited to outcomes such as -

- returning to school,
- tertiary education,
- commencing training and/or employment,
- entering sustainable accommodation,
- improved physical & mental health,
- increased independent living skills,
- increased self-esteem, confidence and social skills.

Why Mentoring?

- Mentoring is a powerful form of human development. It is not a new concept and has been part of informal and formal development programs for some time.
- Mentoring involves a relationship between a Mentor and Mentee. Mentors are responsible for facilitating personal and social growth in their mentee by sharing the knowledge and insights that have been learned through the years.
- Mentoring offers opportunities for mentors and mentees to expand their leadership, interpersonal, and life skills.
- The process can be simple and natural and very sophisticated.
- Relax ... You've probably been mentoring people for years but have not called yourself a "mentor" as such.

A Simple Definition of Mentoring

Simply put, mentoring aims to provide a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement.



Mentor Requirements

- Referee Check
- Crim check (Undertaken by MASP)
- Working with Children Check (must be obtained prior to young people starting)

Costs

\$3,500 per mentor includes:

- AUSwalk led trek,
- Travel Insurance,
- T-shirt, hat etc,
- Training, physical & mentoring,
- Social functions & team building,
- Flights and accommodation.

Training

- Commences in March 2024
- Takes place Monday and Wednesday evenings, starts at 6:00pm location TBD
- Tour/Trek Dates: **21/09/2024 - 25/09/2024**

Contact Us

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Thank You

We thank our supporters and partners who have enabled us to continue our purpose and make a difference in the lives of as many people as possible.